# Ultra-Running and Emotional Intelligence
## Data Dictionary

| Position | Variable | Variable Label | Units/Responses | Code/Remarks |
|---|---|---|---|---|
| 1 | age | Participant age | years | |
| 2 | sex | Sex at birth | | 1 = male<br>2 = female |
| 3 | pb_surface | Type of surface participants' completed their 100 km personal best on | | 1 = trail<br>2 = track<br>3 = road<br>4 = mix of all three |
| 4 | pb_elev | The sum of every positive change in elevation throughout the entire race. | meters | |
| 5 | pb100k_time | Fastest time to complete a 100 km ultra marathon (self-report). | hour:min:seconds | Use this variable when reproducing descriptive statistics |
| 6 | pb100k_dec | Fastest time to complete a 100 km ultra marathon (self-report) | hours | Use this variable when reproducing model estimates |
| 7 | avg_km | Average distance run per week (self-report) | kilometers | |
| 8 | teique_sf | TEIQUE_SF assessment of emotional intelligence. | Numeric<br>Range: 1 - 7 | Average of 30 items TEIQUE_SF_<br>Q1, Q2, ...., Q30 |
| 9 | steu_b | STEU_B assessment of emotional understanding | Numeric<br>Range: 0-19 | Sum of 19 items STEU_B_<br>Q1, Q2, ...., Q19 |
| 10 | stem_b | STEM_B assessment of situational management | Numeric<br>Range: 0 - 18 | Sum of 18 items STEM_B_<br>Q1, Q2, ...., Q18 |