The Hypothesis Testing Paradox or Why Effect Sizes are Important for Evaluating Evidence

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Replicating Research Findings

New NAS report, 2019 (Preprint) <u>Reproducibility and Replicability in Science:</u>

- "For this report: *Replicability* is obtaining consistent results across studies aimed at answering the same scientific question, each of which has obtained its own data. (p. 36)"
- "One type of scientific research tool, statistical inference, has an outsized role in replicability discussions due to the frequent misuse of statistics and the use of a *p*-value threshold for determining "statistical significance." (Summary, bullet #7)"

I've argued against "statistical significance = successful replication" for a long time!



Notice the date:

1988!

Effect Size Examples

- Test for one population mean:
 - Effect size measures how far true parameter value is from null value, usually in # of standard deviations
- Comparing two population means:
 - Effect size measures difference in means, usually in # of standard deviations for one group
- Example: Average heights for males and females differ by about 5 inches, which is about twice the standard deviation for each sex. So the effect size is about 5/2.5 = 2 (a very large effect)

Example: Are female college students taller than their mothers?

- n = 93 pairs (daughter mother height)
 - mean difference = 1.3 inches
 - standard deviation = 2.6 inches
- Effect size is 1.3/2.6 = 0.5 (moderate effect)
- Test statistic is $t = \sqrt{93} \times 0.5 = 4.8$, *p*-value ≈ 0
- Relationship between t and e.s.

$$t = \sqrt{n} \left(\frac{\bar{x} - \mu_0}{s}\right)$$
 $e.s. = \frac{\bar{x} - \mu_0}{s}$ $t = \sqrt{n} \times e.s.$

Hypothesis testing paradox:

A researcher conducts a test with n = 100 and gets these results:

•
$$t = \sqrt{100} \left(\frac{\bar{x} - \mu_0}{s}\right) = 2.50$$

- *p*-value = 0.014, reject null hypothesis
- Just to be sure, the researcher decides to repeat the experiment with n = 25

Hypothesis testing paradox:

• Uh-oh, the results show:

•
$$t = \sqrt{25} \left(\frac{\bar{x} - \mu_0}{s}\right) = 1.25$$

- *p*-value = 0.22, cannot reject null!
- The effect has disappeared!

• To salvage, researcher decides to combine data:

n = 125

Finds
$$t = \sqrt{125} \left(\frac{\bar{x} - \mu_0}{s}\right) = 2.795$$
, *p*-value = 0.006!

The effect is stronger than the first time!

Hypothesis testing paradox:

- Paradox: The 2nd study *alone* did <u>not</u> "replicate" the finding, but when *combined* with 1st study, the effect seems <u>even stronger</u> than 1st study!
- Defining "replication" as getting statistical significance each time, or on the basis of *p*values, makes no sense! Yet, it's very common practice in many disciplines.

What's going on?

Study	n	Effect size	$t = \sqrt{n} \times e.s.$	P-value
1	100	0.25	2.50	0.014
2	25	0.25	1.25	0.22
Combined	125	0.25	2.795	0.006

- In all 3 cases the effect size is the same, 0.25.
- But the test statistic and *p*-value change based on the sample size, with $t = \sqrt{n} \times (\text{effect size})$.

Why Effect Sizes are Important

- Unlike *p*-values, they don't depend on sample size (but accuracy of estimating them does).
- They are a measure of the true effect or difference in the population = practical importance!
- Replication should be defined as getting approximately the same effect size, *not* as getting approximately the same *p*-value!